



KidSport funding

Look out for their symbol to find clubs currently registered for

aspx

For more information and to apply for KidSport please

• Funding will cover the cost of fees to join the nominated sport or recreation club and this may include other related costs identified by the club. • Maximum of up to \$200 per child per calendar year.

• Fees are only for the nominated registered season.

No limitation to applications per family as long as

• No retrospective fees will be paid.

the criteria is met.

- the local government area where they are applying. What else?
- referral agent. Applicant's primary place of residence must be in
- Applicant must be aged 5–18 years. Applicant must have a Health Care Card or Pension Concession Card OR be referred by a recognised

What are the eligibility criteria?

KidSport enables eligible Western Australian children aged 5–18 years to participate in community sport and recreation by offering them financial assistance towards club fees. The fees go directly from the local government to the registered KidSport clubs participating in the project.

SPORT

YMCA FACILITIES

Wanangkura Stadium

- Fitness centre
- Personal training
- Croup fitness
- Jerm programs for adults and children
- Indoor Soccer Junior & Senior Basketball, Netball, Mixed Netball,
- ysenbs
- Crèche
- Function and meeting rooms
- South Hedland Aquatic Centre
- Latitube surf machine
- Water tower—including slide
- Aquatic education babies, children and adults
- Lap swimming (8 lanes, 50m outdoor pool)
- Becreational swimming
- Toddler pool
- sdulo bne sbeups miw2 reisnie bool
- Water polo
- Triathlon club
- BBQ facilities

Gratwick Aquatic Centre

- Aquatic education babies, children and adults
- Lap swimming (6 lanes, 50m outdoor pool)
- Becreational swimming
- Toddler pool
- Dive pool with a 1-m & 3-m spring board
- Older adults aqua fitness classes
- Personal training • July
- Swim squads and clubs
- Mater polo club
- Triathlon club
- BBQ facilities
- Basketball court

Gratwick Aquatic Centre, McGregor Street, Port Hedland

South Hedland Aquatic Centre, Leake Street, South Hedland

Wanagkura Stadium, Hamilton Road, South Hedland

YMCA



The Town of Port Hedland has a dedicated Club

Development Officer to assist sporting and recreation

clubs and organisations to develop and thrive in the

Club Development Officers span across metropolitan

and regional Western Australia. They support sport

diverse opportunities for people to participate in

and recreation clubs to be sustainable and to deliver

physical activity in their local community in a safe and

The Club Development Officer program is a partnership

with the Department of Sport and Recreation and local

governments. The aim, through the Club Development

Framework is to create a collaborative approach

Associations, Regional Sport Associations, local

cpdo@porthedland.wa.gov.au or call 9158 9689.

For more information or to contact our Club

leadership, education and training.

Development Officer please email

to club development by connecting State Sporting

government and community organisations to provide

OFFICER

local Hedland community.

welcoming environment.

BOOKINGS

minimum booking time trames below: and sporting reserves please adhere to the When making booking for the Town's parks number of beautiful parks and green spaces. s of emod ai brisibert from to nwoT ent

- Small event, less than 50 attendees
- Medium event, 51 to 200 attendees - 2 weeks before the event
- Large event, over 200 attendees - 4 weeks before the event
- ni bns semsit emit esent ebistuo ebsm Late booking fees may apply for bookings - 8 weeks before the event

proceed. some cases your event may not be able to

- Sporting Bookings which include We process 3 main types of bookings:
- tseW Ahour of the North West Casual Hire – which can range from a seasonal and pre-season bookings
- trailer Community Property – Bus and BBQ. **I**Svit297

bookings@porthedland.wa.gov.au Bookings Officer on 9158 9300 or email sometimes payable. You can call our on a day or hourly rate and a bond is Bookings Officer. Areas can be booked Io pook, please get in contact with our









DATE	EVENT NAME	VENUE	COST		
11	Have a Try Night Junior Sports Expo	Marie Marland Reserve	Free		
12-20	Bike Week	Civic Centre Gardens	Free		
8	Mother's Day Classic	Civic Centre Gardens	Free		
TBC	Annual Port Hedland Paw's Walk	Civic Centre Gardens	Free		
TBC	Port Hedland Community Awards	TBC	Free		

our summer season running from October through to March of the following year.						
UPCOMING						
MONTH	DATE	EVENT NAME	VENUE	COST		
MARCH	11	Have a Try Night Junior Sports Expo	Marie Marland Reserve	Free		
			Civic Centre			

This is where sport and recreation clubs and fitness groups come in. They are the lifeblood of communities and in many ways, clubs are a focal point for communities, whether they are in the city or country. Research shows sports clubs and community organisations help to develop social capital and are good barometers of community strength and health" -

for local sport and recreation clubs and fitness groups. "Active people are more connected to their community and increasing physical activity levels benefits not only individuals and families both physically and mentally, but the community as a whole. Active communities encourage people to participate in a range of physical activities and social events that

WELCOME

support active living and community connections.

the Department of Sport and Recreation.

MAY

SEPT

DEC

Port Hedland offers a wide variety of sport, fitness

and recreation activities all year round with our winter

season running from April to September each year and

The Port Hedland Sport, Recreation and Fitness Guide provides the community with information and contacts

Civic Centre Gardens

Leap Park

Yikara Park

Port Hedland

Daylesford Park

Koombana Park

Shay Gap Park

South Hedland

SXAA

Pretty Pool Park

Koombana Lookout

Marapikuminya Park

Captain Bert Madigan Park

South Hedland Youth Space

South Hedland Town Square

Marquee Splash and Play Water Park

Port Hedland Skate Park

Courthouse Gallery Gardens

GET YOUR COPY OF HEDLAND'S SPORT, **RECREATION & FITNESS** GUIDE

HERE

PORT HEDLAND

Port Hedland Visitor

Centre, Wedge St

• Dome Cafe, Cnr McKay

• Port Hedland Library,

SOUTH HEDLAND

OTHER OUTLETS

• McDonalds, Throssell Rd

Dempster St

Civic Centre, McGregor St

• JD Hardie Youth Zone, Cottier Dr

South Hedland Library, Leake St

Wanangkura Stadium, Hamilton Rd

Connect

www.porthedland.wa.gov.au

produced and distributed bi-yearly by

This events booklet is

the Town of Port Hedland

facebook.com/townofporthedland instagram.com/townofporthedland

• Muffin Break, South Hedland Shopping Centre

• Port Hedland International Airport, Great Northern Highway

FAYE GLADSTONE NETBALL COURTS

6 x Netball courts

To promote your

events or club in this

brochure, please email

cpdo@porthedland.

wa.gov.au

Flood lighting

Toilet amenities

Port Hedland

COLIN MATHESON OVAL

- AFL \ Touch Football oval

- Flood lighting
- Cricket practice nets

Equestrian Area

2 x Cricket ovals

Inside the race track

Cricket practice nets

Ibvo JAA 🛛 🔸

Available for hire out of school hours.

Baseball back net

Plavaround

6 Flood lighting

Plavaround

Flood lighting

KEVIN SCOTT OVAL

community are catered for.

TROPER

amenities – to ensure that the sporting

and upgrades to a number of other sporting

The Town also ensures regular maintenance

Colin Matheson Oval and the Kevin Scott Oval.

and this has seen the redevelopment of both the

has been working to upgrade sporting amenities

sporting groups and the community. The Town

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Hedland's

Sport,

Recreation &

Fitness Guide

2016

Your free Sports guide

For more information

(08) 9158 9689

www.porthedland.wa.gov.au

do@porthedland.wa.gov.au

recreation reserves available for hire by local

recreation and has a number of sport and

The Town of Port Hedland values sport and

South Hedland

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HEDLAND SENIOR HIGH SCHOOL

Toilet and change room amenities

ΞΥΑΞΖΕΙ ΟΝΑΙΑΑΜ ΞΙΑΑΜ

Toilet and change room amenities

Diamond Sports / Rugby oval / Soccer oval

- Toilet and change room amenities

Playground

- MCGREGOR STREET OVAL

Flood lighting

- Bugby oval / Soccer oval / Hockey field

Toilet and change room amenities

TOWN OVAL / RACE TRACK

AUSTRALIAN RULES FOOTBALL

HEDLAND AFL MASTERS - The Flatback Turtles

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PORT HEDRARD ROVERS FOOTBALL CLUB

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Hedland Basketba Association

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BMX

Training Monday's 6.00pm

Colin Matheson Oval, Port Hedland

\$ \$150 per season (i) Chris - 0427 197 613

The Flatback Turtles are in their third year and have a big year of games planned against rival North West towns. If you are over 35, looking for a laugh and wanting to have a run on the field then come down.

HEDLAND JUNIOR FOOTBALL ASSOCIATION

(i) Junior football and Auskick

- ♥ Kevin Scott Oval, South Hedland F Hedland Junior Football Association
- PORT HEDLAND ROVERS FOOTBALL CLUB
- Colin Matheson Oval, Port Hedland
- (i) roversfootballclub@bigpond.com **f** Port Hedland Rovers

SOUTH HEDLAND SWANS FOOTBALL CLUB SWANS

Kevin Scott Oval, South Hedland (i) barrytaylor466@gmail.com

South Hedland Swans Football Club

BASKETBALL

HEDLAND BASKETBALL ASSOCIATION

(i) filomenaleaupepe05@gmail.com The Hedland Basketball Association was formed in 2013 and is getting ready for an exciting new year of competition basketball for youth aged up to 21 years. BMX

HEDLAND BMX CLUB

- Bacing Friday nights, season runs from March to
- Hedland BMX Track, Darlot Street, Port Hedland **\$** BMX Mini Wheeler - \$30.45 Sprocket Rocket - \$87.30 Club - \$69.00

Open - \$93.40 (i) Helen Mason, Registrar – 0478600732

BMX Racing for all ages, from Mini Wheelers (2 Years old) to Open Class, there is a race for everyone. We hold our annual Come and Try day before the season commences which allows riders to have a go prior to signing up for a membership through BMX Australia.

BOWLING / DARTS / TENNIS

SOUTH HEDLAND BOWLING & TENNIS CLUB

- ♥ 1 Hedditch Street, South Hedland
- 🕑 Cardio Tennis Monday and Wednesday evenings with Nigel or Tim
- (i) 9140 1168 South Hedland Bowling & Tennis Club

The South Hedland Bowling & Tennis Club offers a range of sport and recreation activities such as tennis, cardio tennis, 8 ball, darts and of course, bowling. Cardio tennis is an exciting new form of fitness where players run through fitness and tennis drills to music.

COMBAT SPORT/MARTIAL ARTS

HEDLAND JIU JITSU

- (i) Matt Mercer 0422 068 981 or
- matt.mercer@bigpond.com F Hedland jiu jitsu

HEDLAND TAEKWONDO CLUB

- South Hedland JD Hardie Youth Zone, South Hedland
- (i) hedlandtaekwondo@gmail.com
- Hedland Taekwondo Club
- Hedland Taekwondo Club is a non-profit sporting association

committed to teaching children and adults the sport and martial art of Taekwondo. We are a family oriented club with many parents learning alongside their children in a fun and disciplined environment. Classes are overseen by 8th Dan Grand Master Kim Seng.

SANG-ROK HEDLAND JUDO CLUB INC

- 🕐 Monday, Wednesday or Thursday times vary depending on age
- Saturday 8.00am 9.30am for graded players
- Jim Caffey Memorial Hall, Port Hedland (i) 0477 641 622 or sangrokhedlandjudo@outlook.com
- Sang-Rok Hedland Judo Club

Sang-rok Hedland Judo club was founded in August 2012. With over 80 current junior and senior members. Sang-rok is guickly becoming a powerhouse of Judo in WA. A member of the Judo Federation of Australia, Sang-rok teaches students the Japanese Martial Art of Judo and is open to both boys and girls from 4 years old.

HEDLAND SPORT & RECREATION GROUPS

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NORTH WEST MUAY THAI

- O Monday-Friday see Facebook page for details Solution Jim Caffey Memorial Hall, Port Hedland
- Wanangkura Stadium, South Hedland \$ \$15 per session or \$100 for a 10 pack
- (i) Adam Bierl 0429 084 226
- f North West Muay Thai

North West Muay Thai runs Muay Thai and Cardio Boxing classes multiple times per week in both Port and South Hedland. Muay Thai is an exciting combat sport originating from Thailand taught as an effective self-defence system and is the ultimate way to get fit, lose weight and condition your entire body! Cardio Boxing is a fun and highly effective workout that will improve cardiovascular fitness, strengthen muscles, burn those extra calories and build your self-confidence! CRICKET

PORT HEDLAND JUNIOR CRICKET CLUB



(i) Chris Ams 0409 029 744

Super fun, social, safe and active - its cricket and it's a blast. Available for kids of all abilities and helping kids to learn to play just like their Australian Cricket heroes. Our season runs from October to December. In2cricket is for 5 to 8 year olds and T20 Blast is for ages 8 and up.

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PORT HEDLAND CRICKET ASSOCIATION

- Matches are held Friday and Saturday nights
- Kevin Scott Oval, South Hedland
- (i) Sam Mason sdmason13@bigpond.com
- F Port Hedland Cricket Association

The Port Hedland Cricket Association consists of the Mines Cricket Club, Port Hedland Cricket Club, South Hedland Cricket Club, and Wanders Cricket Club. Our season runs from October to March.

DANCE

HEDLAND SCHOOL OF DANCE

- South Hedland JD Hardie Youth Zone, South Hedland
- ^(b) Mondays 3.00pm 7.45pm & Tuesdays 9.30am -10.15am
- **Q** Lotteries House, Leake Street, South Hedland. 🕑 Tuesdays 3.30pm – 8.00pm, Wednesdays 3.00pm -4.45pm & Thursdays
- 3.00pm 6.15pm
- S Prices range from \$7.05-\$12.35 per class (i) www.hedlandschoolofdance.com
- f Hedland School of Dance

Hedland School of Dance first opened its doors in 2006. We are a safe, friendly and fun dance school, where you can learn to dance no matter what your ability may be. We offer a range of classes in Modern Jazz, Tap, Acrobatics, Hip Hop and Ballet for students from the age of 2 to adults.

JABAT DANCE INC

(i) www.jabatdance.com or email Jabatdance@live.com.au f JaBaT Dance Inc.

JaBat Dance Inc. proudly provides the highest standard of training in dance by accredited teachers. We offer Ballet, Jazz Tap, Hip Hop, Drama, an exclusive boy's class and Contemporary lessons. JaBat Dance are run by a committee of volunteers, parents and teachers from within the school and as such we are a non-profit organisation.



- (b) Monday and Tuesday mornings and Monday and
- Thursday afternoons
- C3 Church, 1A Pedlar Street South Hedland. (i) Rhi 0402 760 392 or INDanceAcademy@hotmail.com
- f Inspire Nurture Dance Academy

INDA is a small dance school for aspiring young students. We currently offer dance training for babies 4 months of age to pre-primary aged students, ballet classes teaching the Royal Academy of Dance Curriculum and also a combined jazz and tap class for pre kindy & kindy students. We also offer our Buttercups - Me and My grown class, which is open to all ages.

DIAMOND SPORTS

HEDLAND LITTLE LEAGUE BASEBALL

- Training for all teams every Wednesday 4.30pm 6.00pm
- Game nights every Friday from 4.30pm 6.00pm
- Seseball Diamond, Marie Marland Reserve, South Hedland
- **\$** \$100
- (i) Shelley Glasson 0418 926 336 or llbbhedland@gmail.com

Come and smash the ball at Little League Baseball. Junior baseball is for boys and girls aged 7 to 15 years and teams compete in a local competition as well as in the State Championships in Perth each year. The season starts Term 4 2015 and continues until the end of Term 1 2016.

PORT HEDLAND BASEBALL ASSOCIATION

TE (A Grade games - Saturday 3.30pm and 7.15pm A Reserve games - Tuesday and Wednesday nights at 7.15pm

- Baseball Diamond, Marie Marland Reserve, South Hedland (i) Swans - 0407 722 021
- Brewers 0418 615 077
- Pirates 0438 939 943
- Sharks 0417 979 562

Port Hedland Baseball Association is currently in its 40th year, has four senior clubs, Swans, Brewers, Pirates and Sharks, and plays both A grade and A reserve competition weekly from October to March. We're looking for old and new players and umpires so call one of our clubs to join.

PORT HEDLAND SOFTBALL ASSOCIATION

() Games on Saturdays starting at 1.30pm and 3.30pm

HEDLAND TEE-BALL ASSOCIATION INC.

Played on Saturday mornings between 8.00am & 11.30am

Seseball Diamond, Marie Marland Reserve, South Hedland

Tee-Ball is a junior sport for 6 to 12 year old boys and 6 to 13 year old girls

and is generally played between May and September. Hedland Tee-Ball

participates in the North West Championships which is held every year in

(i) president@porthedlandsoftball.com.au

F Port Hedland Softball Association Inc.

\$ \$70 first child and \$50 each thereafter

late September against other Pilbara teams.

PORT HEDLAND PONY CLUB

(i) porthedlandponyclub@hotmail.com

SOUTH HEDLAND OWNERS & TRAINERS

South Hedland Owners and Trainers Association

facilities for local hobby trainers and travelling trainers

SHOATA is a non-profit organisation that provides much needed facilities

Pleasure and Show horses owned and ridden by regular long standing

approximately 4-5 months of every year, SHOATA provides stabling and

Players of all levels welcome, men and women! Come along for a kick about

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community people as a hobby for usually 12 months of the year. For

for recreational horse activities for community members. SHOATA also have

Styles Road, Port Hedland

F Port Hedland Pony Club

ASSOCIATION (SHOATA)

(i) shoatacommittee@gmail.com

GAELIC FOOTBALL

Wednesday's 6.30pm

(i) 0473 895 109

GOLF

HEDLAND GAELS GAA CLUB

♥ Kevin Scott Oval, South Hedland.

\$ \$120 per year or \$10 per training session

First training session is free.

and a bit of craic each Wednesday.

PORT HEDLAND GOLF CLUB

Youngs Avenue, South Hedland

HEDLAND GYMNASTICS CLUB INC.

Andrew McLaughlin Centre, Port Hedland

Hedland Senior High School Oval, South Hedland

(i) www.phgolfclub.com.au/

f Port Hedland Golf Club

F Hedland Gymnastics Club

Commencing in March.

f Hedland Little Athletics

LITTLE ATHLETICS

HEDLAND LITTLE ATHLETICS

GYMNASTICS

F Port Hedland GAA Club

EOUESTRIAN

(i) hedlandteeball@gmail.com or 0477 903 067

Pilbara teams.

Paseball Diamond, Marie Marland Reserve, South Hedland

Community for over 40 years. Our 2016 competition runs from May

until September. Port Hedland Softball participates in the North West

Championships which is held every year in late September against other

The Port Hedland Softball Association has been a part of the Port Hedland

HEDLAND KART CLUB

O Monthly as per race calendar 2529 Great Northern Highway (past the airport) \$ \$75 per child, \$150 per adult, \$225 per family (i) Lyn Grey hedlandkartclub@outlook.com or 0427921357 F Hedland Kart Club

The Hedland Kart Club provides a great opportunity for the whole family to actively participate in a very competitive yet enjoyable sport. Go Karting allows drivers from 6 years of age onwards, to experience the thrill of racing at an affordable entry level. We have several race classes available to suit all age groups. All members are required to purchase their own race kart and safety gear in order to participate in racing events.

HEDLAND RIDERS ASSOCIATION

F Hedland Riders Association

PORT HEDLAND MOTORCYCLE CLUB

- **\$** Premium Club Membership \$200
- Recreational Club Membership \$150
- Social Club Membership \$10 (i) www.northwestma.com.au/events
- F Port Hedland Motorcycle Club Inc

PORT HEDLAND SPEEDWAY CLUB

Great Northern Highway, South Hedland (i) porthedlandspeedway@hotmail.com F Port Hedland Speedway Club NETBALL

PORT HEDLAND NETBALL ASSOCIATION

C Tuesday nights, various time slots. Training nights vary depending on Club and age of participant

Faye Gladstone Netball Courts, South Hedland **\$** Fees vary depending on Club and age of participant (i) www.netballporthedland.com

F Port Hedland Netball Association

Port Hedland Netball Association has been a part of the Hedland community for almost 40 years. Our aim is to continually grow participation in netball, and provide the highest standard of competition possible for our members. With more than 400 members from the age of five upwards, netball is the largest participation sport in Port Hedland - and we have a place for you

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LYNX NETBALL CLUB

- ^(b) Tuesday evening games 5.00pm for juniors
- 6.00pm and 7.30pm for seniors
- ♥ Faye Gladstone Netball Courts, South Hedland. \$ \$150 for juniors, \$165 for seniors
- (i) Bek 0438 044 419 or lynxnetball.ph@gmail.com
- Netball club offering teams in grades A, B, C, U16 and U12.

ROLLER DERBY

NORTH WEST ROLLER DERBY O Monday & Wednesday @ 6.00pm - 8.00pm



♥ JD Hardie Youth Zone, South Hedland (i) www.northwestrollerderby.com F North West Roller Derby

Roller Derby is a full contact sport played by women 18+ years on roller skates. Two opposing teams race around an oval track trying to score points by passing opposing team members. This is a great way to get fit, meet

some new people and revive your passion for skating! Guys are more than welcome to come and join in as part of our 'Team Zebra' crew (referees) and we always need non skating officials as well. **RUGRY I FAGUE**

SOUTH HEDLAND COUGARS JUNIOR RUGBY LEAGUE

🕑 Training days are Tuesday and Thursday @ 5.00pm -

 Marie Marland Reserve, South Hedland \$ \$125 per player



(i) southhedlandcougarsjrlfc@gmail.com South Hedland Cougars Junior Rugby League

South Hedland Cougars Junior Rugby League Football Club are the largest of the Pilbara Rugby League Clubs based in South Hedland and provide an opportunity to become involved in, and experience the excitement of our game. Our family based club is committed to the inclusion of all individuals irrespective of cultural background, gender, race, religion or level of ability. Our age groups range from Under 5's through to the Under 19's

SHOOTING

6.00pm

HEDLAND SPORTING SHOOTERS CLUB

F Hedland Sporting Shooters Club

THE GREATER PORT HEDLAND FOOTBALL ASSOCIATION

(i) David Freeman, 0409 177 407

F Greater Port Hedland Football Association

The Greater Port Hedland Football Association encompasses both the Port Hedland United and South Hedland Saints football clubs. We have both competition and social soccer available in 2016.

HEDLAND JUNIOR SOCCER ASSOCIATION

(i) McGregor Street Oval, Port Hedland F Hedland Junior Soccer Association

SOUASH

HEDLAND SQUASH CLUB

- 🕑 Tuesday night pennants @ 6:30pm 8:30pm
- Thursday night social squash @ 6.00pm 8.00pm **Q** Wanangkura Stadium squash courts, South Hedland
- **\$** Season fee \$130, WA Squash Membership Fee \$30
- (i) hedlandsquashclub@gmail.com
- F Hedland Squash Club

We seek to offer social and competition squash for people of all ages, both male and female. Hedland Squash Club has a Pro-Shop with quality equipment at bargain prices - racquets, balls, grips, bags & shoes (to order).

SWIMMING



South Hedland Aquatic Centre, South Hedland Gratwick Aquatic Centre, Port Hedland

(i) Rachel Jones 0475 082 242 or hasc.sec@gmail.com

YMCA - SWIMMING LESSONS

(i) 9140 0400 TENNIS

PORT HEDLAND TENNIS CLUB

- 🕑 Social Tennis, Wednesday & Sunday @ 6.00pm
- \$ \$5 non-members
- 🕑 Junior Tennis Clinic, Friday & Sunday @ 5.00pm & 6.30pm
- \$ \$20 non-members, \$15 members
- Port Hedland Tennis Club, Port Hedland (i) Neil 0418 989 898
- F Port Hedland Tennis Club
- TOUCH FOOTBALL

HEDLAND TOUCH ASSOCIATION

- Every Wednesday @ 6.30pm
- Colin Matheson Oval, Port Hedland
- \$ \$100 per senior player, \$75 for 12 years to 17 years
- (i) hedlandtouchassocinc@gmail.com
- F Hedland Touch Association

Touch Football is a thrilling, all inclusive sport that allows people of all walks of life to achieve their goals: whether that is the thrill of challenging oneself to compete at their best; the thrill of a fast, skilful and exhilarating sport; the thrill of meeting new people or the thrill of being a part of something in a team environment, that can span a lifetime. TRI SPORT

HEDLAND TRI CLUB

🕑 Friday night @ 6.30pm

- October April at Gratwick Aquatic Centre
- May August at South Hedland Aquatic Centre
- \$ Cost for season membership: Adult \$60, Child (14 and under) \$15, Family
- Cost for race entry fees per event: Children \$5, Adults members \$10, Adult non-members \$20
- (i) hedlandtrisports@hotmail.com
- F Hedland Tri Sports

The Hedland Tri Sports Club's aim is to encourage participation, enjoyment and personal challenge. Participants of all fitness levels are encouraged to 'Have a Go'. Our season runs from 10 October 2015 to 18 August 2016. **TURF CLUE**

TURF CLUB

McGregor Street, Port Hedland

- (i) www.phtc.com.au
- **f** Port Hedland Turf Club

We hold six race meets each racing season, aiming to outdo ourselves every year in our quest to bring you the most professional and entertaining race days and events. The season culminates in the event of the year - Cup Day, home of the famous Port Hedland Cup.

WATER POLO

SOCCER

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turf club

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HEDLAND WATER POLO ASSOCIATION

- Friday night @ 6.30pm
- South Hedland Aquatic Centre, South Hedland
- (i) Reece Cirulis 0415833459 or hwpapresident@hotmail.com

Hedland Water Polo Association or Hedland Waterpolo News/Info Water Polo is a high paced and skilled game, great for all ages to participate and play the ultimate fitness test to add to your bucket list goals. HWPA

currently has 3 men's and 3 women's teams, a great social atmosphere with a

HEDLAND WATER POLO ASSOCIATION JUNIOR FLIPPER BALL

YACHTING

full bar and BBQ on game nights.

Friday night @ 5.30pm

PORT HEDLAND YACHT CLUB INC.

today to be notified of our 2016 sailing calendar.

C First Wednesday of each Month @ 7.30pm

Sutherland St, Port Hedland WA

F Port Hedland Yacht Club

HEDLAND CAMERA CLUB

Sealanes Building, Port Hedland

(i) hedlandcameraclub@gmail.com

F Hedland Camera Club

friendly and fun atmosphere.

KH PT & FITNESS

0419195870

f KH PT & Fitness

\$ \$18 per session.

f Train Transform

the crèche.

(i) Kylie 0439 999 860

YOGA WITH GRACE

(i) www.yogawithgrace.com.au

ZUMBA FITNESS

(i) Jackie 0438 774 004

f Zumba With Fitness Hedland

Yoga With Grace

everyone.

www.khptfitness.com

\$ \$60

(i) 9173 1198 or admin@phyc.com.au

- South Hedland Aquatic Centre, South Hedland (i) Reece Cirulis 0415833459 or hwpapresident@hotmail.com
- F Hedland Water Polo Association or Hedland Waterpolo News/Info

your child is comfortable in water paddling around they can play.

Hedland Junior Flipper Ball is the hottest upcoming junior sport in town. A

\$ Sailing Membership: \$240 per family, \$180 per single and \$60 juniors

The Port Hedland Yacht Club are an incorporated association providing sailing

and restaurant for both its sailing and associate members. Become a member

facilities and racing days for all full members. The club also provides a bar

The Hedland Camera Club is a place for everyone with a common interest

in photography at all levels to come together and learn from each other in a

KH PT & Fitness is fitness training for all fitness levels. We run a number of

fitness sessions both in Port Hedland and South Hedland such as boxing,

strength & conditioning, bootcamps, kid's fitness sessions, 8 week challenges

and many more. We strive to make your training fun, effective and suitable for

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(i) Michelle Kilmartin 0417 447 253 or Kerrie Hodgkinson

TRAIN TRANSFORM GROUP FITNESS

10 pass with 11th free \$160 or monthly unlimited \$180

🕑 Mondays @ 6:30pm - 8:00pm, St Cecilia's School Hall

Community Centre - crèche available

\$ \$20 a casual class or \$180 for a ten class pass

Train Transform Group fitness provides a fun, friendly environment to train.

lose weight and get fit. The friendly instructors will help you achieve your

goals with regular 21 Day Challenges running throughout the year. There are

over 17 Les Mills classes available. Bookings are essential for the class and

♥ Wednesdays @ 9:45am - 10:45am, Andrew McLaughlin

Yoga With Grace provides as authentic yoga experience. The regular vinyasa

classes that are offered focus on a flowing sequence of asanas using ujjayi

breath. Particular attention is given to correct alignment and technique,

and Grace's teaching style is very hands-on, providing adjustments and

assistance to each participant to ensure correct positioning of the body.

Mondays, Wednesday and Thursdays from 6.00pm – 7.00pm

Come join us for some party like fitness fun and meet some lovely

charities, people in need in the Hedland community and beyond.

Hedland people. We are a not for profit group and we love to donate to

Hedland Senior High School Gym, South Hedland

Andrew McLaughlin Centre, Port Hedland

PERSONAL TRAINERS & FITNESS GROUPS

PORT HEDLAND RECREATION CLUB

great way for the kids to unwind and cool off after a big week. Junior flipper

ball caters to pre primary all the way up to year seven and beyond. As long as